



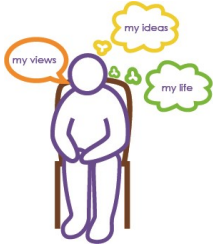
Living my best life



Living My Best Life Consent Form



Thank you for taking part in **Living My Best Life**.



Thank you for agreeing to share your thoughts, ideas and stories about your life over the last few months.



From the information we collect, we want to share your thoughts, ideas, stories, films and photographs, audio recordings and written notes :

- in presentations
- in meetings
- in training
- at conferences
- at events
- in publicity
- on the internet.

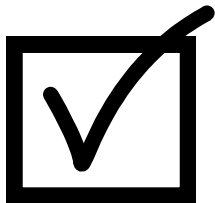


Please tell us if you give your permission for Reach to share your films, photographs, audio recordings and written words.





Please tick the box and sign and date this form to give Reach your permission.



- Reach can use any film, photographs, audio recordings of me (and written notes) in reports, presentations, training, meetings, conferences, events and publicity.

Yes

No



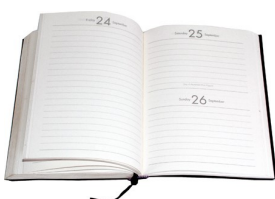
- Reach can use any film, photographs, audio recordings of me (and written notes) on the internet and on social media (like Facebook and Twitter).

Yes

No



Please write your name here



Please write the date here