



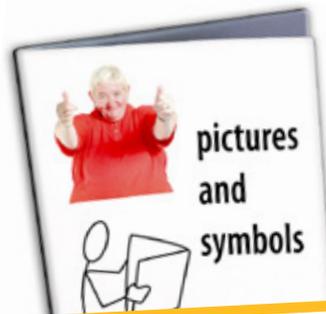
steps to speaking up

Step 5 - Sharing Information



“you need talk to other people so they can speak up as well” - Reach member

“you need meeting notes that are clear, in words and pictures” - Reach member



“you have to share what you know so other people know things” - Reach member

Step 5 - Sharing Information: Why Information is Important



After you go to a meeting and find out information, you might want to share it with other people.



Sometimes you will have been to a meeting and asked questions for other people so you need to tell them what the answers were.



People who couldn't go to the meeting will be able to find out more from you.



You can help other people to know more about important issues by sharing the information and answers you get from a meeting.

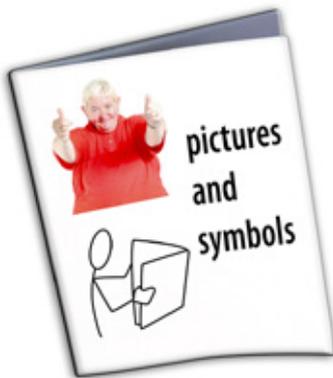
Step 5 - Sharing Information: Ways of Sharing Information



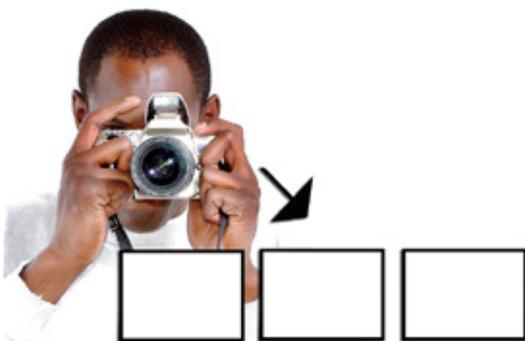
You can talk to a supporter about the best ways to share information with people.



Sharing information can be as straightforward as talking to your friends about a meeting.



You can use the notes and information you get from a meeting to write a newsletter or information sheet.



If the other people at the meeting agree, you can take photographs to show people what it was like and talk about what happened.

Step 5 - Sharing Information: Ways of Sharing Information



At some meetings you will be given papers, notes and reports.

You can ask for extra copies to give to other people.



One Reach member said "I go back to my day centre and they ask me what's going on. I talk to people there."



Another Reach member said "I show my papers and notes to my key worker and they talk to other people about the meeting as well."



Another Reach member said "you could ask for the meeting to be filmed and then show people a video or DVD."